



YOU CAN COOK  
AND YOU DO HAVE THE TIME

**Kev's Kitchen**

## GREMOLATA OLIVES

**Time: 10 minutes**

**Serves: 6**

### **Ingredients:**

140g extra-virgin olive oil  
5g flat-leaf parsley - finely chopped  
4 cloves garlic - finely chopped  
Zest of one lemon  
Zest of one large orange  
300g mixed olives with pits - drained weight

### **Preparation:**

Place all ingredients except olives in a 500ml mason jar. Cover and shake.

Add olives to the jar. Cover and shake gently.

Refrigerate for one week. Serve or refrigerate for up one month.

### **Nutritional Information Per Serving:**

Calories: 155  
Fat: 17g  
Carbs: 3g  
Fibre: 2g  
Protein: 0.6g