Kev's Kitchen

SALMON CEVICHE

Time: 15 minutes plus marinating time

Serves: 4

Ingredients:

12 ounces fresh boneless salmon – diced small 2 roma tomatoes – seeded and diced small 1 anaheim pepper – seeded and diced small ½ red onion – diced small ¼ cup cilantro - chopped Juice of one lime Juice of one lemon Juice of on orange 1 teaspoon kosher salt ½ teaspoon fresh ground black pepper

Preparation:

Place all ingredients in a bowl and toss gently with a soft spatula.

Cover and refrigerate the bowl for an at least one hour or up to overnight.

Toss gently again with the spatula and serve immediately.

Nutritional Information Per Serving:

Calories: 183 Fat: 9g Carbs: 8g Fibre: 1g Protein: 18g

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YOU CAN COOK

AND YOU DO HAVE THE TIME