

HERO SALAD

Time: 20 minutes

Serves: 4

Ingredients:

- 1 head romaine lettuce – washed and chopped to 1" pieces
- 1 14-ounce can artichoke hearts – rinsed, drained and roughly chopped
- 1 4-ounce jar sliced pimentos – drained and roughly chopped
- 16 slices genoa salami – sliced
- 4 slices provolone cheese – cut to ½" squares
- 2 tablespoons extra-virgin olive oil
- 1 tablespoon wine vinegar
- 1 teaspoon dried oregano
- ½ teaspoon kosher salt
- ¼ teaspoon fresh ground black pepper

Preparation:

Place all ingredients into a large bowl, toss well to combine and serve.

Nutritional Information Per Serving:

Calories: 286
Fat: 22g
Carbs: 9g
Fibre: 4g
Protein: 15g