



YOU CAN COOK
AND YOU DO HAVE THE TIME

Kev's Kitchen

SESAME SOY SLAW

Time: 10 minutes

Serves: 4

Ingredients:

3 tablespoons soy sauce
2 tablespoons white vinegar
2 teaspoons white sugar
½ teaspoon fresh ginger - grated
2 teaspoons sesame oil
1 small red chili pepper – seeded and finely chopped
1 lb bag cabbage coleslaw mix

Preparation:

Mix all ingredients except coleslaw together in a large bowl.

Add the coleslaw mix, toss and let stand five minutes before serving.

Nutritional Information Per Serving:

Calories: 55
Fat: 2g
Carbs: 8g
Fibre: 2g
Protein: 2g